



# Cardinia

## Labour Day Public Holiday

Monday 8<sup>th</sup> March  
Centre Open  
8.00am - 7.00pm



### Group Fitness Classes

8.15am Aqua Movers    9.15am Aqua movers

Cycle Studio Virtual Classes	Group Fitness Studio Virtual Classes
8.15am Virtual Sprint	8.15am Virtual CX Worx
9.30am Virtual RPM	9.30am Virtual Body Balance
10.45am Virtual Sprint	10.45am Virtual Body Pump
1.30pm Virtual Sprint	
4.30pm Virtual Sprint	4.00pm Virtual LM Barre
6.00pm Virtual RPM	5.30pm Virtual CX Worx
	6.30pm Virtual Body Combat

