



GUIDE FOR ENJOYING YOUR SWIM LESSON



For the healthy and safety of you and those around you, we've put together this handy guide to help you prepare for your next visit.

Before You Leave Home

- Book your child's lesson via our online portal
- Refrain from visiting if you or your child have been or are feeling unwell
- Pack a towel, water bottle, goggles and warm clothes
- Check you have your EFTPOS card
- Ensure your child showers thoroughly using soap
- Dress your child in appropriate swimming attire with a coat or towel over the top (Change rooms closed)

When You Arrive

- Arrive no earlier than 5 minutes before the scheduled lesson time
- Look for and follow all social distancing markings
- Check in with our friendly team at reception
- Sanitise your hands using the provided station
- Follow staff instructions and make your way into the pool hall to meet your child's instructor

Throughout The Lesson

- Sit in the designated parent/guardian seating area
- Continue to follow all social distancing and hygiene measures

At The End Of The Lesson

- Leave via the directed exit
- Sanitise your hands using the provided station

Remember, everyone has a role to play in stopping the spread.

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