



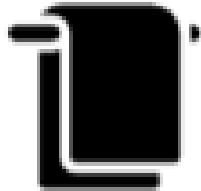
SIMPLE STEPS FOR ENJOYING YOUR VISIT WITH US

For the healthy and safety of you and those around you, we've put together this handy guide to help you prepare for your next visit.

BEFORE YOU VISIT



Refrain from visiting if you have been or are feeling unwell



Remember to pack your sweat towel, water bottle and personal equipment

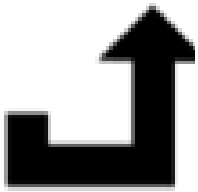


Check you have your EFTPOS card (No cash accepted)



Have your membership tag ready (Members only)

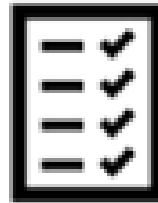
WHEN YOU ARRIVE



Look for and follow social distancing signage and floor markings



Scan your membership tag (Members only)



Register your details at reception (Casual visits only)



Listen to all and follow all staff instructions

THROUGHOUT YOUR STAY



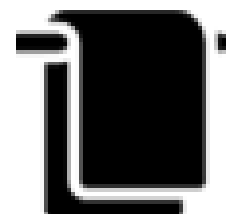
Maintain a minimum of 1.5m between yourself and others



Follow all hygiene and hand washing instructions



Practice good respiratory hygiene



Wipe down equipment after use (Gym and Group Fitness Areas)

Remember, everyone has a role to play in stopping the spread.

MILDURA WAVES