



Cardinia



Queens Birthday Public Holiday

Monday 10th June
Centre Open
8.00am - 7.00pm

Group Fitness Classes

8.15am Aqua Movers 9.30am Barre

Cycle Studio Virtual Classes	Group Fitness Studio Virtual Classes
8.15am Virtual RPM	8.15am Virtual CX Worx
	9.00am Virtual Body Combat (E)
9.30am Virtual RPM	9.30am Barre
10.45am Virtual RPM	10.45am Virtual Body Pump
11.45pm Virtual RPM (E)	12pm Virtual CX Worx
12.30pm Virtual RPM	1.00pm Virtual Body Pump
2.15pm Virtual RPM	2.30pm Virtual Body Balance
3.15pm Virtual RPM (E)	3.30pm Virtual Body Combat
4.15pm Virtual RPM	4.30pm Virtual Sh'Bam
5.15pm Virtual RPM	5.30pm Virtual Body Pump

(E) = Express 30-minute class

