



# Cardinia



# Australia Day

## Australia Day Public Holiday

Monday 28<sup>th</sup> January

Centre Open

8.00am till 7.00pm

### Group Fitness Classes

**8.15am Aqua Movers**

**9.30am RPM**

**10.45am Barre**

Cycle Studio Virtual Classes	Group Fitness Studio Virtual Classes
8.15am Virtual RPM	8.15am Virtual CX Worx
	9.00am Virtual Body Pump (E)
<b>9.30am RPM</b>	9.30am Virtual Sh'Bam
10.45am Virtual RPM	<b>10.45am Barre</b>
12.15pm Virtual RPM	12pm Virtual Body Balance
1.15pm Virtual RPM	1.00pm Virtual Body Pump
2.15pm Virtual RPM (E)	2.15pm Virtual CX Worx
3.00pm Virtual RPM	3.30pm Virtual Body Combat
4.00pm Virtual RPM (E)	
4.30pm Virtual RPM (E)	4.30pm Virtual Sh'Bam
5.15pm Virtual RPM	5.30pm Virtual Body Pump

(E) = Express 30-minute class

